

Run, Panther, Run! 5K Run/Walk

Our fully paved race route offers a view of park, college campus, and riverfront scenery. The race starts on Wall Street adjacent to the large pavilion at Potawatomi Park, proceeds (West) down Wall street to John Adams H.S. tennis courts, turns left (South) on the sidewalk along the tennis courts to Mishawaka Ave., crosses Mishawaka Ave. at the IUSB stop light, continues (South) through the campus, to Northside Blvd., crosses Northside Blvd. to the South running path (next to the river) and then along the river to the Sample Street underpass bridge where all runners/walkers will turn and return via the same course back to the start/finish line.

**An interactive map can be viewed
at our website:**

www.stanthonysb.org/new/run.htm

Timing courtesy of:



1 Mile Fun Run

The 1 Mile Fun Run is a safe, monitored course within the park grounds.

Registration Submission:

Deadline for early registration is March 23, 2010. Registrations may be submitted to the school or church office or mailed to:

St. Anthony de Padua School
2310 E. Jefferson Blvd.
South Bend, IN 46615
Attn: HASA Run

Registrations may also be submitted online by visiting our website.

Early Packet Pick-up:

Packets may be picked up on April 16 from 3:00 p.m. to 6:00 p.m. in the St. Anthony School gym.

Race Day Registration & Packet Pick-up:

April 17th from 8:00 a.m. to 8:45 a.m. at the large pavilion in Potawatomi Park.

Parking:

Parking is available at Potawatomi and also in the lot at St. Anthony Church (with a short 1/4 mile walk south on Ironwood to Potawatomi Park). The post-race party and award ceremony will be held at St. Anthony gym.

5K Run Age Divisions (Male and Female):

1) 10 & under; 2) 11-13; 3) 14-15; 4) 16-18; 5) 19-24; 6) 25-29; 7) 30-34; 8) 35-39; 9) 40-44; 10) 45-49; 11) 50-54; 12) 55-59 13) 60 & over

Timing & Results:

Professional chip timing and results will be provided by T & H Timing out of Valparaiso. Chips must be returned after the race to avoid a \$25.00 fee.

Restrictions:

No dogs, bikes, strollers, or wagons are allowed on the 5K course.



Saturday, April 17th, 2010
Potawatomi Park

5K Run/Walk – 9:00 a.m.

1 Mile Fun Run – 9:10 a.m.

*2nd Annual Race— Featuring
* Professional Chip Timing **

Post-Race Party & Awards

- *Food & Refreshments*
- *Entertainment*
- *Awards*
- *Fun activities for the kids*

www.stanthonysb.org/new/run.htm

Email: run@stanthonysb.org



Run, Panther, Run 2010 Registration Form



(Please Print)

			<u>Sex</u>	<u>Event</u>	<u>Shirt Size (circle)</u>
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL
Last _____	First _____	Age _____	M / F	5KR 5KW FR	YM YL AS AM AL AXL AXXL

Address _____ Phone _____

City _____ State _____ Zip _____ Email _____

Early Bird Registration – Prior to 3/23/10	Late/Race Day Registration – After 3/23/10 **
<input type="checkbox"/> 5K Run <input type="checkbox"/> 5K Walk ~ Adult (12 & over) Per Person \$20 x ____ = _____	<input type="checkbox"/> 5K Walk/Run ~ Per Person \$30 x ____ = _____
<input type="checkbox"/> 5K Run <input type="checkbox"/> 5K Walk ~ Child (under 12) Per Person \$15 x ____ = _____	<input type="checkbox"/> 1 Mile Fun Run ~ Per Person \$20 x ____ = _____
<input type="checkbox"/> 5K Run <input type="checkbox"/> 5K Walk ~ Group Rate (5 +) Per Person \$15 x ____ = _____	** Includes T-Shirt (while supplies last)
<input type="checkbox"/> 1 Mile Fun Run ~ Per Person \$10 x ____ = _____	
Registration Fee \$ _____	Early Registrations Include (1) T-Shirt Per Person
Additional T-Shirts \$ _____	Qty. _____ Shirts @ \$7 each <input type="checkbox"/> Race <input type="checkbox"/> Fun Run
Charitable Donation \$ _____	Benefits St. Anthony Tuition Assistance
Total Enclosed \$ _____	
Make checks payable to St. Anthony HASA. NO REFUNDS.	Party RSVP <input type="checkbox"/> Yes <input type="checkbox"/> No # Attending _____

Waiver: I/We hereby, for myself, my heirs and executors, waive, release, discharge and agree to hold St. Anthony de Padua Church and School, South Bend Parks Department, and the other sponsors/contributors of the Run Panther Run Race individually and collectively, together with their successors, assigns, officers, agents and employees, free and harmless from any and all liability for injuries to property or person suffered by us in connection with our participation in this event. I/We verify that I/we are physically fit and have sufficiently trained for the physical rigors of the events for which I/we have registered. This race will be timed using a "chip" timing device provided by the race and T&H Timing. I/We understand it needs to be returned after the race. I/We agree to pay a \$25.00 replacement fee per chip for any unreturned chips.

Signature _____ Date _____

Parent/Guardian (if under 18) _____ Date _____

All children under the age of 10 must be accompanied by an adult.

School Class Contest :

Class Credit _____